

# Bridgewater State University



## Intercollegiate Athletics Site Specific Emergency Action Plan

In the event of an emergency, each member of the Athletics Department Staff has a clear and defined role. The following information consists of the emergency action plan (EAP) for the Bridgewater State University Athletics Department.

It is recommended that the staff Certified Athletic Trainers (ATC), athletic training students (ATS), student employees, coaches, administrators, and other designated persons in the emergency action procedures review this plan annually so that they are prepared in the event of a medical emergency.

# Bridgewater State University

## Intercollegiate Athletics Emergency Action Plan

### *Athletics Department Member Signature Page*

I, \_\_\_\_\_, am a member of the Bridgewater State University Athletics Department and have read thoroughly the contents of the Site-Specific Emergency Action Plan for the BSU Athletics Department and understand the contents as it relates to my role in the Athletics Department and with respect to the EAP.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

***Please print and submit this page to Assistant AD for Sports Medicine:  
j5obrien@bridgew.edu***

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# **I. Athletic Department Emergency Procedures**

## **A. Emergency Personnel**

1. Staff Certified Athletic Trainers (ATC)
2. Coaches
3. Athletic Training Students (ATS)/Fieldwork students
4. Home Events Administrators
5. Building Managers
6. Athletics Department Administrators
7. Campus Lifeguards
8. Team Physicians (home football games and on campus clinics)
9. Campus Police/Safety

Each Emergency Personnel Member must maintain current CPR Certification with AED training. Proof of current CPR and First Aid Certification must be submitted to the Athletics Department.

## **B. Role of the Emergency Team Members**

### **1. Immediate care of the injured or ill person**

Immediate care of a seriously injured student athlete will be provided by the most qualified care giver on site:

- a. Football games- Physician on scene will be primary care giver to all emergency situations. EMS is present at all home football events. Physician will be assisted by ATC's, EMS and any other first responders deemed necessary.
- b. All other home events- ATC covering event will be primary care giver for all emergency care situations. ATC will provide care until higher medical care arrives (i.e., Physician) or EMS arrives.
- c. If no ATC is present then Head Coach and ATS will provide care until ATC, Campus Police, EMS, or higher medical care arrives.
- d. In special circumstances such as Heat illness and Immersion Protocol the sports medicine staff will need help to lift a student athlete into the immersion tub and support the student athletes' upper body and head while in the tub.

### **2. Emergency equipment retrieval**

The retrieval of AED, Vacuum splints, Spine board or other equipment deemed necessary from the sideline of the contest or from the AT facility (non contest injury) will be done by anyone designated as emergency personnel who is not caring for the injured or ill person.

### 3. Activation of emergency medical system (EMS)

Activate EMS by dialing x1212, Bridgewater State University Police Department, from a campus phone or (508) 531-1212 from a cell phone. If unsure about proper number or campus police does not pick up, dial 911. In a calm, clear and collected voice provide the information below:

- Name and telephone number of caller
- Number of injured persons
- Condition of injured person(s)
- Treatment given
- Specific location of injured person
- Directions to site (if non BSU responder)
- Answer any questions that might be asked.

**DO NOT hang up until told it's ok to! EMS dispatcher sends EMS while you are on the phone with them.**

Person(s) responsible for calling EMS includes anyone designated as emergency personnel who is not caring for the injured or ill person.

### 4. Emergency contact and medical history information

Student Athlete medical history, insurance and contact information can be accessed via Healthy Roster, our electronic medical record keeping program. Every head coach will be invited to use Healthy Roster and must create a username and password for pertinent information and medical clearance/injury status.

### 5. Direction of EMS to scene (including securing access to facilities)

At least one person should be sent to meet EMS and direct them to the site of the injury. Person sent should have working knowledge of all gates and locks and know best route to reach the injured person(s). Person sent should work in conjunction with Campus Police. Person(s) responsible for meeting EMS includes anyone designated as emergency personnel who is not caring for the injured or ill person.

### 6. Crowd Control

It is important to keep spectators, including parents, and other athletes and coaches away from scene until the injured or ill person is stabilized, safely removed from scene and the scene is safe for the contest/practice to resume. Person(s) responsible include Coaches, additional staff ATCs, home events administrators, athletics department administrators, building managers and campus police.

An additional 1-2 people should be identified in advance to assume roles in the emergency plan i.e., assistant coach, contest management/home events personnel and/or team captains.

## C. Emergency Equipment

### 1. Automated External Defibrillators (AEDs) (see appendix A for locations across campus)

- a. **Adrian Tinsley Center -Wall Mount AED (1 total):** Main entrance to Adrian Tinsley Center. Directly behind front desk, on the wall adjacent to the elevator.
- b. **Kelly Gymnasium - Wall Mount AED (3 total):**
  1. Located on the lower level hallway near the weight room and Athletic Training facility.
  2. Located in the lobby of the Kelly gymnasium.
  3. Located on the pool deck behind the Lifeguard station/desk.
- c. **Adrian Tinsley Center - Portable AED (2 total):** Located in the Adrian Tinsley Athletic Training facility. Placement and use of the portable AED units will be determined daily based on contest and practice schedules.
- d. **Rosen Tennis Courts Parking Garage – Wall Mount AED:** is located adjacent to the elevators on each floor.
- e. **East Campus Commons (ECC) – Wall Mount AED:** is located in the lobby.
- f. **Swenson Athletic Complex/Alumni Park:** seasonal (March-October) located near Gate #18. During November-February an AED will be secured to the fence surrounding the track in a central location between the track/turf and the baseball and softball fields. This AED will have basic emergency care supplies as well.

### 2. Emergency Care Equipment

Red splint bags (containing vacuum splints, Extrication Collars and immobilizers), Black Crutch bags, AEDs and other emergency equipment will be present for contests and on the sideline of collision sports practices but kept in the Athletic Training facilities for all other practices.

- a. **Adrian Tinsley Center Room 108**- The Red Splint bags are located under one of the taping tables in the main Athletic Training facility. Crutches can be found in tall black crutch bags just inside the Athletic Training facility.
- b. **Kelly Gymnasium Room 004** – Red Splint bag and Black crutch bags are located in the main Athletic Training facility.

- c. **Bear Paw Pavilion Sports Medicine Room** - Red Splint bag and Black crutch bags are located in the main Athletic Training facility.

### **3. Blood Borne Pathogen (BBP) Equipment and Supply**

The ATC and ATS will have on their person and in the staff medical kit the following supplies for the handling of Blood and Blood Borne Pathogens: Gloves for protection of own person and persons around injured athlete, barrier masks, sterile gauze pads, assorted band-aids, saline solution for initial cleaning of injury and injury site recognition, steri-strips/butterfly's for closure of wounds that do not need to be extruded for sutures or further medical assistance, Cavicide for decontamination of any public area, including uniforms, that blood has come in contact with and plastic bags for containment of biohazardous waste.

### **4. Staff Medical Kit**

Staff medical kits for each team will be on sidelines and on the cart and/or gator for practices. The staff medical kit will include first aid, taping and wrapping supplies, instruments for vital sign assessment as well as minor injury emergency care supplies such as small splints, slings, and wound care supplies.

### **5. Team First Aid/Travel Kits**

Team First Aid/travel kits are issued to coaches for away contests and in the event a practice is held without an ATC present. The team medical/travel kits have first aid supplies and wrapping and taping supplies specific to the needs of the student athletes on the team. Included are personal protection supplies for BBP.

### **6. General use First Aid Kits:**

General first aid kits are located in the Adrian Tinsley Center and Kelly Gymnasium lobbies.

## **D. Emergency Communication**

### **1. Activating EMS:**

The Campus Police Emergency Number is **1212** from all campus phones and **508-531-1212** from all other phones. Calling BSU Campus Police is preferred since they will dispatch to local EMS and send a cruiser immediately to the location of the emergency. **911** should be dialed if the caller does not remember the BSU Campus Police number or Campus Police line does not answer.

**If a staff ATC is on campus but not at the site of the emergency, care must be administered immediately, and every effort must be made to notify the ATC of the emergency as soon as possible.**

## 2. Notifying the sports medicine staff if not at site of emergency:

- a. **2 – Way Radio:** BSU AT-Sports Medicine and Home Events staff have 2-way radios that can be used amongst the staff to request emergency assistance and coordinate emergency care. AT-SM staff use channel 2 and the home events staff uses channel 1. For sites that 2-way radios are effective means of communication (ie. Swenson Athletic complex, Alumni Park, or Tinsley Main Court to Tinsley Athletic Training facility) a 2-way Push to Talk (PTT) radio will be provided for practices and games.
- b. **Land line:** Athletic Training Facility main desk phone is 508-531-2044.
- c. **Cell phone/texts:** The Coach should have the Sports Medicine staff members cell phone numbers stored in address book. \*Text messages will only reach inside lower-level Tinsley if using iMessage.

## 3. Staff Contact Numbers:

Athletic Department staff members should carry the Athletic Department staff directory with them at all times. This directory is updated annually with home and cell phones and is provided by the Athletics Department.

## E. Documentation/Records/Reporting

1. Once the athlete has been transported, the situation must be documented completely up until the time the EMS personnel took over the care of the athlete. Include your name, the date, the location, the problem and what your actions were. Then sign and date the sheet and turn it into the Athletics Director for Sports Medicine/Head Athletic Trainer within 24 hours of the incident.
2. Call the Athletics Director for Sports Medicine/Head Athletic Trainer via cell phone and make them aware of the situation.
3. Chain of communication for a Catastrophic Injury: A catastrophic injury is defined as an injury that is life or limb threatening. Such injuries include death, loss of a limb or paralysis. In the event of a catastrophic injury chain of communication will start with the person caring for the athlete (staff ATC or coach) to the Athletics Director for Sports Medicine/Head Athletic Trainer who will contact the Athletics Director, who will in turn contact the appropriate BSU Administrator. If the Athletics Director for Sports Medicine/Head Athletic Trainer



cannot be reached, leave a message then contact the Athletics Director. If neither can be reached, contact the Associate Athletics Directors. For correct numbers please refer to the Athletics Department staff directory or the Weekend Contact Forms.

#### **F. Emergent, Life Threatening Injuries or Illnesses**

Injury/Illness that requires **Automatic Activation of EMS:**

1. Loss of consciousness
2. Airway compromise, not breathing or difficulty breathing
3. Loss of pulse
4. Severe bleeding that cannot be controlled
5. Anaphylactic Shock
6. Fracture or dislocation
7. Signs and symptoms of shock for any reason
8. Deterioration in any vitals signs (HR, BP, respirations, skin color, skin temp, level of consciousness, response to pain, pupil reaction, movements)
9. Pain in spine and/or neurological symptoms
10. Allergic Reaction
11. Signs and symptoms of Heat Stroke
12. Signs and symptoms of Sickle Cell Crisis
13. Any other injury or illness that you are unsure of the nature and extent of.

#### **G. Emergent, Non-Life-Threatening Injuries or Illnesses**

Serious but not life-threatening injury can involve a fracture, dislocation, severe laceration, medical condition or significant head or neck trauma. EMS still needs to be activated for the person to receive proper care. DO NOT allow the athlete to move! DO provide immediate first aid care. Immediately notify the Staff ATC of the situation, in the absence of Staff ATC contact BSU Campus Police (508-531-1212) and follow their advisement.

Athletes who are transported by ambulance should be accompanied by a BSU representative whenever possible. Examples include an assistant coach, an athletic training student or a team manager. If it's not possible then a team representative should go to the hospital to be with the student athlete until their parent/guardian arrives and/or they are stable and cared for. Emergency contacts should be notified by the staff ATC's and/or the Head Coach.

#### **H. Non-Emergent, Non-Life-Threatening Injuries or Illnesses**

Some injuries or illnesses are non-emergent or life threatening yet need outside medical care. Examples include sutures, minor Musculo-skeletal injuries,

and minor illnesses. If the care is beyond the capabilities or availability of the Wellness Center, the student athlete will need to secure transportation to the appropriate medical facility. While the athletics department staff and staff ATC can facilitate transportation, they cannot provide transportation. In the event a student athlete cannot secure a ride after exhausting all possibilities the Athletics Department has an Uber for business account to provide transportation.

## **I. Emergency Care Facilities**

Student athletes will be transported to Signature -Brockton Hospital unless otherwise arranged with EMS.

### **Signature - Brockton Hospital – closed 2023-2024 reopening 2024-2025**

680 Centre Street  
Brockton, MA 02302  
(508)941-7000

### **Caritas - Good Samaritan Medical Center**

235 North Pearl Street Brockton, Massachusetts  
(508) 427-3233

For Non-emergent, non-life-threatening injuries and illnesses:

### **Care Central**

Roche Bros Plaza  
Bridgewater, MA

Check website for hours and other urgent care facilities in the area

## **J. Non-traditional practices/Contests**

Teams participating in a non-traditional season should follow the same guidelines as regular season practice or game. The coach becomes the primary care giver if the Certified Athletic Trainer is unavailable.

## II. Site Specific EAP

### A. Adrian Tinsley Center

**(Appendix A #30) 325 Plymouth Street**

Located on the East side of Campus the Adrian Tinsley Center houses the majority of varsity sports at Bridgewater State College. The Tinsley Center is home to the Athletics and Recreation Department.

- **Main Court and Composite Courts (Appendix B) Lower Level**
- **Indoor Running Track (Appendix C) Upper Level**

**Blue emergency phone:** Inside the 2<sup>nd</sup> set of doors between the main court and the composite courts.

**Campus phone:** At the main desk

**EMS access:** 1. main entrance of the Adrian Tinsley Center or 2. through the golf cart entrance on the South side of the building.

**AED:** Wall mounted: The lobby of the Adrian Tinsley Center, directly behind the front desk and adjacent to the elevator.

### B. Kelly Gymnasium

**(Appendix A #20) 34 Park Street.**

Located on the West Side of Campus is the Kelly Gymnasium. Kelly Gym is the locker room location for the wrestling and swim and dive teams and the Athletic Training facility for teams out of Kelly Gymnasium.

- **Large gym/ Main Basketball Court (Appendix E)**
- **Small gym/Wrestling gym (Appendix E)**
- **Weight Room/Lower Level (Appendix D)**

**Blue emergency phone:** Lower level, across from the Athletic Training Facility and adjacent to the women's locker room entrance, near the back stairwell leading up to the main gym.

**Campus phone:** in the lobby and on the Moriarty Pool deck

**EMS access:** Park Street entrances to the Kelly gymnasium. EMS personnel may enter through either set of doorways.

**AED:** Wall Mounted in the lobby, in the Large Gym, on the Moriarty pool deck and on the lower-level hallway near the Athletic Training facility.

### C. Moriarty Pool - Kelly Gymnasium

(Appendix A #20) 34 Park Street.

Located on the West Side of Campus is the Kelly Gymnasium.

- Lifeguards are on duty ANY TIME a person is in the water. Refer to Aquatics EAP for specific Lifeguard and Pool Emergency Procedures.
- Lifeguards will appropriately remove an injured or ill person from the pool and then collaborative effort with the AT-Sports Medicine staff will commence in providing appropriate care for the injured or ill student athlete.

**Blue emergency phone:** Lower level, across from the Athletic Training Facility and adjacent to the women's locker room entrance, near the back stairwell leading up to the main gym.

**Campus phone:** On the pool deck and in the lobby.

**EMS access:** Park Street entrances to the Kelly gymnasium. EMS personnel may enter through either set of doorways.

**AED:** Wall Mounted and located on the Moriarty pool deck.

### D. Swenson Pitch

(Appendix A between #30 and #32)

- Grass fields (#1, #2, #3) located between the Tinsley Center and Swenson Athletic Complex. Field #2 serves as the game field only. Fields #1 and #3 are for practices and club and intramural events.

**Blue emergency phone:** 1. at the main ticket gate of the Swenson Athletic Complex, 2. West of the fields between the Burnell School and the main drive to the Adrian Tinsley Center, and 3. at the bus station in the Swenson Athletic Complex parking lot and 4. In the Tinsley Center on wall inside the entrance to composite courts.

**Campus phone:** At the front desk of the Adrian Tinsley Center.

**EMS access:** The gate at the rear/East side of the Adrian Tinsley Center. Gate must be unlocked and accessible during practices and contests.

**AED:** Lobby of the Adrian Tinsley Center, directly behind the front desk and adjacent to the elevator.

**E. Swenson Athletic Complex and Alumni Park  
(Appendix A #32 and #33)**

- Site of the baseball, softball, track, field events and turf field.

**Blue emergency phone:** 1. at the main ticket gate of the Swenson Athletic Complex, 2. West of the fields between the Burnell School and the main drive to the Adrian Tinsley Center, and 3. at the bus station in the Swenson Athletic Complex parking lot.

**Campus phone:** Inside the Swenson Press box (key access), inside the Bear Paw Athletic Training Room (key access), The Baseball and Softball Press boxes (key access) and at the front desk of the Adrian Tinsley Center.

**EMS access:** Gate #9 (Appendix F) off Plymouth Street adjacent to the block house building. Baseball and Softball field access is on the respective first base Gates off Alumni Park Drive. Swenson track and turf access via Gate #18 (Appendix F)

**AED:** Lobby of the Adrian Tinsley Center, directly behind the front desk and adjacent to the elevator. Seasonal (March-October) AED on post near Gate #18 (beside track/between track and baseball field) and in the Sports Performance "Barn". See Swenson map. (Appendix F).

**F. Rosen Tennis Courts (Appendix A #34)**

**Blue emergency phone:** 1. At the main gate of the tennis courts, 2. In the parking garage (Appendix A #27)

**Campus phone:** Closest campus phone would be in Weygand Hall (Appendix A #37) and East Campus Commons (Appendix A #27)

**EMS access:** Burrill Ave., Burrill Ave Extension, and right onto Great Hill Drive into the Parking lot adjacent to the tennis courts and Parking garage.

**AED:** Wall Mount AED units can be found in the parking garage near the elevator adjacent to the Tennis courts.

### G. Running Loops (Various on and off campus)

- All athletes run in groups of two or more
- Each running group carries at least one cell phone
- Runners must follow all traffic/road safety guidelines
- (XC/TF): At the start of practice athletes will indicate on their route for the day to coach
  - Athletes will indicate who in any given group has the cell phone
  - Safety vests will be used for runs taking place at dusk or on any particularly dark days (coaches' discretion) (Available at Equipment Room)

Student athletes with certain medical history concerns may be required to remain on campus and/or on the athletic fields in clear vision of coaching and/or AT-sports medicine staff.

**Blue emergency phone:** Review Appendix A for locations across campus

**Campus phone:** Review each site above

**EMS access:** Review each site above

**AED:** Review Appendix A for locations across campus

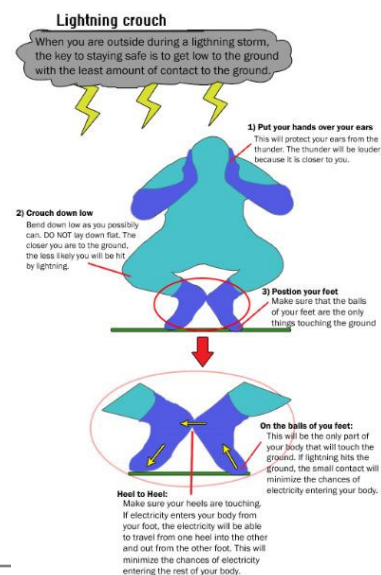
### H. Off Campus Venues

- Off campus venues must be approved by the Athletic Department and University prior to use.
- Head Coach must confirm the emergency plan for each venue
- Off campus travel waivers must be completed in the Athletic Department
- All practices and events at off campus venues must be communicated to Athletic Department and Asst. AD for Sports Medicine
- All injuries and illnesses sustained at an off-campus venue must be documented and reported to the Asst. AD for Sports Medicine

### III. Severe Weather

Severe weather poses a health and safety concern for student athletes, staff, and spectators. Weather patterns are monitored daily for watches and warnings that may occur during our practices and contests. If severe weather is a possibility during practice and/or contests coaches and administrators will be notified as far in advance as possible. In the event of potential severe weather during a contest the Sports Medicine Staff will communicate the weather information to the officials, the coach, the Athletics Department Administrator and Home Events Staff to prepare for the event that the field needs to be cleared. The decision about the continuation or immediate stoppage of all Athletic competitions, and/or practices, is made by the Sports Medicine staff.

- A. Weather patterns will be monitored and tracked using the internet and mobile device apps with streaming radar and lightning strike reporting to monitor direction and speed of any incoming storms.
- B. In the event of severe weather that includes thunder and lightning the **“Hear it Fear it, See it Flee it”** recommendations will be followed. The moment a “flash” or an actual lightning bolt is observed all athletic activities will be suspended. No practice or contest can resume until 30 minutes has passed from the last visible sighting of lightning. Lightning can happen in the absence of thunder, but thunder cannot happen in the absence of lightning.
- C. In the event that the fields need to be cleared an airhorn will be blown 3 consecutive times. This 3 horn sequence will be repeated 2 times.
- D. Safe Zones/Shelter (See Appendix A)
  - 1. Swenson Pitch Fields and Swenson Athletic Complex and Alumni Park - The Adrian Tinsley Center as the designated safe shelter until the storm has passed and play can resume safely. If the Bear Paw Pavilion is accessible this would be considered a safe shelter.
  - 2. Rosen Tennis Courts - Weygand Hall and/or The East Campus Commons is the shelter for any severe weather and will be used until the storm has passed and play can resume safely. (Note: subject to hours of operation)
  - 3. In absence of the availability of a designated safe shelter a motor vehicle with a hard/metal top can be used as safe shelter. *The hard metal frame and roof, not the rubber tires, are what protects occupants by dissipating lightning current around the vehicle and not through the occupants.* It is important not to touch the metal framework of the vehicle.



- E. In the absence of a sturdy, frequently inhabited building, any vehicle with a hard metal roof (neither a convertible, nor a golf cart) with the windows shut provides a measure of safety. Some athletics events rent school buses to provide safer locations around open courses or fields.
- F. If unable to reach safe shelter, stay away from the tallest trees or objects (such as light poles or flagpoles), metal objects (such as fences or bleachers), individual trees, standing pools of water and open fields. Avoid being the highest object in a field. Do not take shelter under a single, tall tree. A person who feels his or her hair stand on end, or skin tingle, should immediately crouch in the position described in the diagram.
- G. Observe the following basic first aid procedures in managing victims of a lightning strike.
  - Survey the scene for safety.
  - Activate local EMS.
  - Lightening victims do not carry a 'charge' and are safe to touch.
  - If necessary, move the victim with care to a safe location.
  - Evaluate airway, breathing, circulation, and begin CPR if necessary.
  - Evaluate and treat for hypothermia, shock, fractures and/or burns.
- H. All individuals have the right to leave an athletics site in order to seek a safe structure if the person feels in danger of impending lightening activity, without fear of repercussions or penalty.

#### **IV. Away Contest**

When an injury/illness occurs at an away contest:

**A.** If the injury/illness is not life threatening and athlete was not evaluated by Certified Athletic Trainer at away the contest then the Head Coach is responsible to notify a Staff Athletic Trainer of situation including the nature of the injury/illness, how and when injury/illness was sustained by either e-mail or phone call. The Head Coach is also responsible to advise athlete to report to Athletic Training facility as soon as possible for evaluation and treatment.

**B.** If injury/illness has been evaluated by a Certified Athletic Trainer, or person of higher medical credentials, and is deemed ok to travel home, the athlete will return with the team to BSU. The Head Coach is responsible to notify a Staff Athletic Trainer of the situation including the nature of the injury/illness, how and when injury/illness was sustained by either e-mail or phone call. The Head Coach is also responsible to advise athlete to report to Athletic Training facility as soon as possible for evaluation and treatment.

**C.** If injury has been evaluated by Certified Athletic Trainer or higher medical authority and deemed emergent enough to be transported to the hospital then at least one coach either Head Coach or Assistant coach must accompany athlete to hospital. The coach



must remain with the athlete until the athletes' parents and/or designated emergency contact person arrives, or the athlete is released from hospital. The Head coach is responsible to notify the parents/designated emergency contact person as soon as athlete is referred to the hospital and then keep the parents informed once athlete has been evaluated and treated by hospital. The Head coach is also responsible to document situation as laid out in the catastrophic section of the EAP and notify Asst. Athletics Director for Sports Medicine/Head Athletic Trainer by cell phone immediately.

## V. Extended Travel

The following are considerations for the health and safety of the student athletes while on extended trip in the absence of a staff Athletic Trainer. These procedures are in addition to the away contest information above.

- A. Emergency Contact and Medical History information: Student Athlete medical history, insurance and contact information can be accessed via Healthy Roster, our electronic medical record keeping program. Every head coach will be invited to use Healthy Roster and must create a username and password for pertinent information and medical clearance/injury status. Assistant coaches may need to have their own access to Healthy Roster as well. You can give the individual student athlete information to medical personnel as needed.
- B. Travel/First Aid Kit: The kit contains supplies to manage most injuries and includes a large supply of ice bags and plastic wrap. There is also sun block, contact solution etc...
- C. Water and ice: If you need a cooler and some water bottles to take with you just let us know. We can give the student athletes their own water bottle that they can each take with them if that works.
- D. Weather monitoring: Check the weather forecast each day. Determine if the facilities have lightning detection and notification procedures. Locate the designated safe shelter. Download a weather and lightning detection app (we use the weather channel and Spark) that will help determine how far away lightning strikes are. <http://www.lightningsafety.noaa.gov/sports.htm>
- E. Locate the nearest emergency department for major conditions, as well as a walk-in clinic for minor conditions.
- F. Contact the Assistant Athletics Director for Sports Medicine to report any injuries. If you need help determining what to do with non-emergent injury/illness a member of the Sports Medicine staff would be glad to discuss it with you.

- G. Concussion management: Remember the NCAA protocol for managing concussions states that if the student athlete has concussion-like symptoms they must be removed from practice and/or contest immediately and medical evaluation must occur to determine if they have a concussion prior to their return to play. If it is determined that the student athlete has a concussion, they must follow our return to play protocol. You will need to notify a Sports Medicine staff member, by cell phone, of any student athlete having concussion like symptoms and we can discuss what the best plan will be for the student athlete.
- [http://fs.ncaa.org/Docs/health\\_safety/ConFactSheetcoaches.pdf](http://fs.ncaa.org/Docs/health_safety/ConFactSheetcoaches.pdf)

## VI. Environmental Conditions (Heat/Cold Advisories)

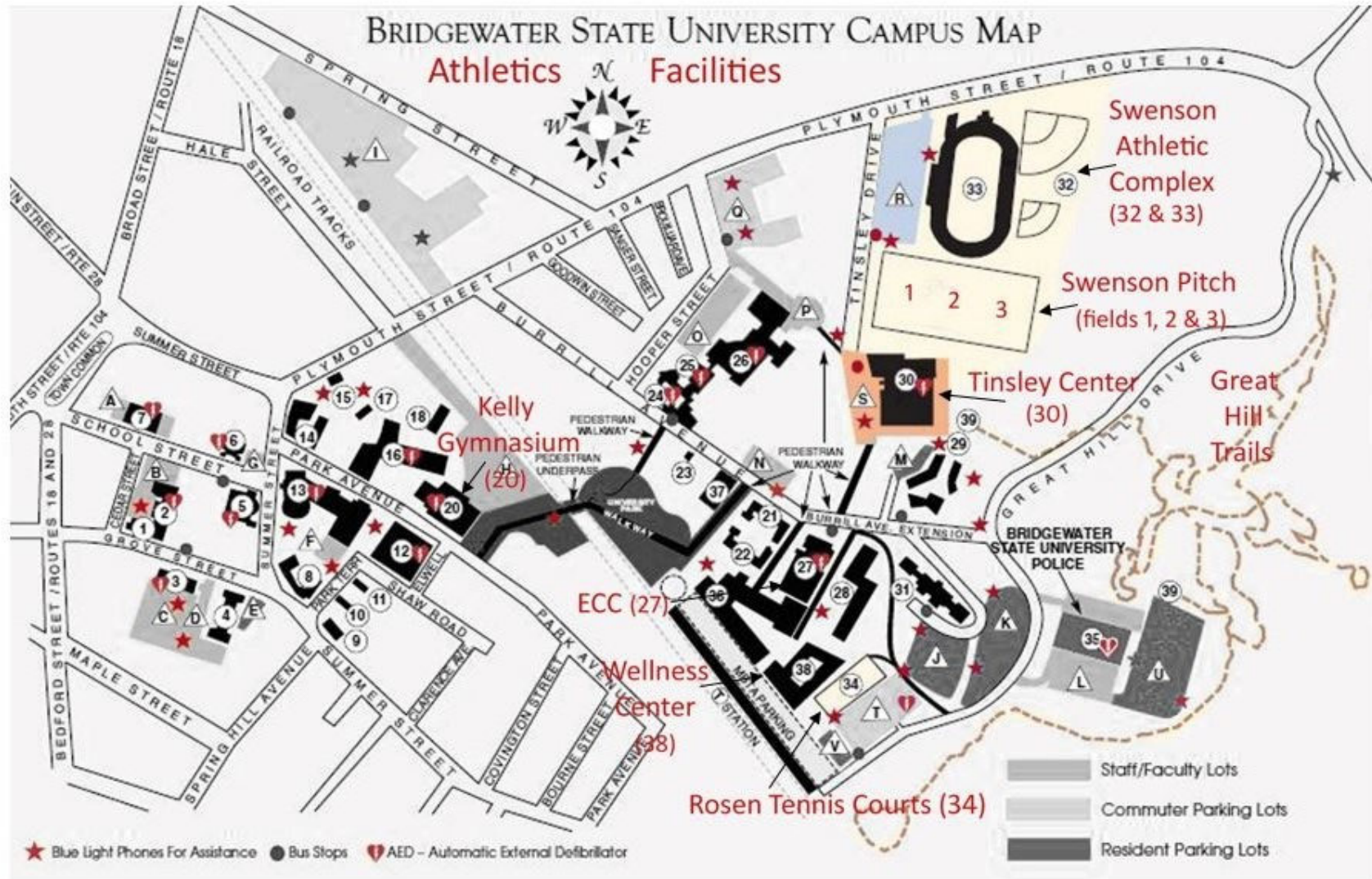
In the event there are extreme environmental conditions that place the student athletes and staff at risk we have in place the following protocols:

- A. Daily weather monitoring for Heat and cold weather advisories is the responsibility of all Athletics and Recreation Department staff. The Sports Medicine staff will make recommendations for adaptations to practices and contests. Wet Globe Bulb Temperatures will be monitored daily during days with a Heat advisory in order to make recommendations for participation and hydration/activity breaks. During days with a Cold advisory the NOAA Wind Chill chart will be used in conjunction with NCAA and NATA recommendations to determine participation modifications including additional clothing, breaks to allow for warming and cessation of practices.
- B. Immersion Protocol: during August preseason immersion tubs will be on Swenson Athletic Complex and behind the Adrian Tinsley center near the grass fields. These tubs are set up partially filled with water and coolers of ice next to them in the event that a student athlete has a heat stroke emergency. Athletics department staff members including coaches will be asked to assist if a student athlete needs to be put into the immersion tub. Roles will include assisting to carry the student athlete to the tub and lifting them into the tub, pouring the ice into the immersion tub and maintaining the student athletes head and shoulders above the ice/water line until they are cooled appropriately, and EMS has arrived.

## VII. Non-Athletic Emergencies

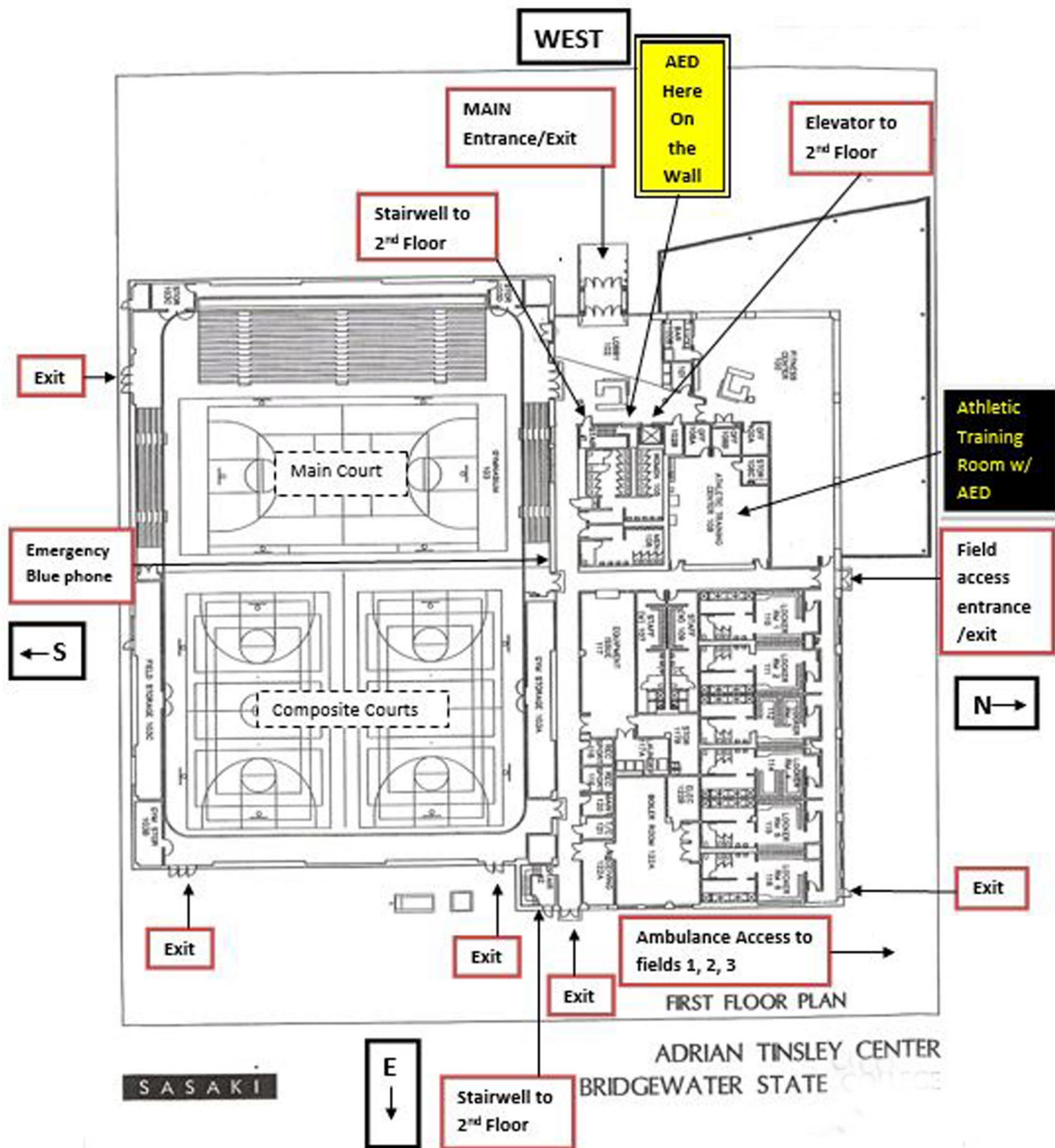
In case of an emergency that is not a consequence of participating in an athletic game or contest (i.e. students injured in the Fitness Center, students participating in intramurals, students in MAHPLS activity courses, spectators/fans, and event staff) the building manager or person in charge of the site or activity must first contact campus police. The certified athletic trainer will act as a first aid provider if necessary. A first aid kit is available at the Tinsley Center reception desk.

## Appendix A



# Appendix B:

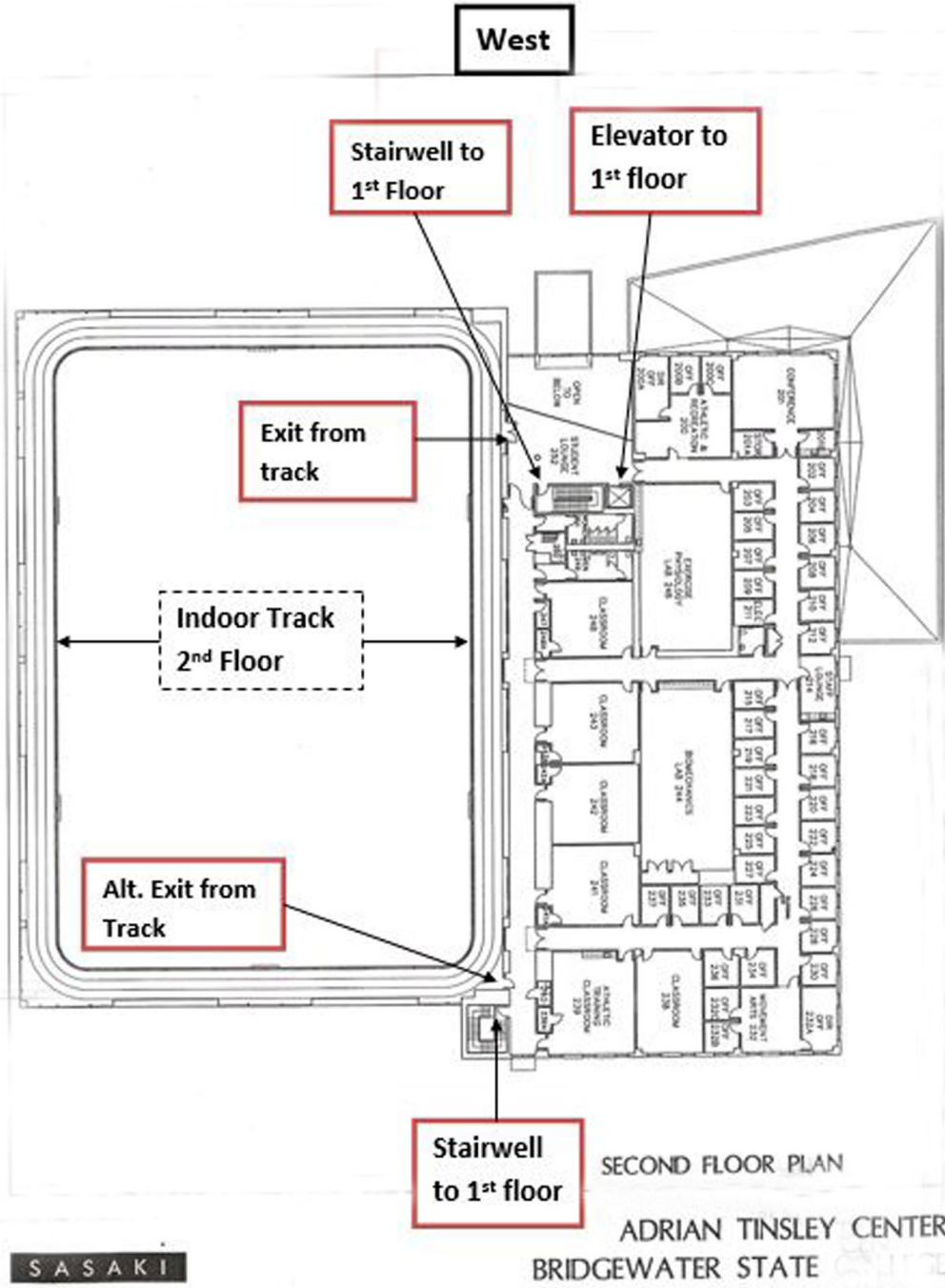
## Adrian Tinsley Center Lower Level





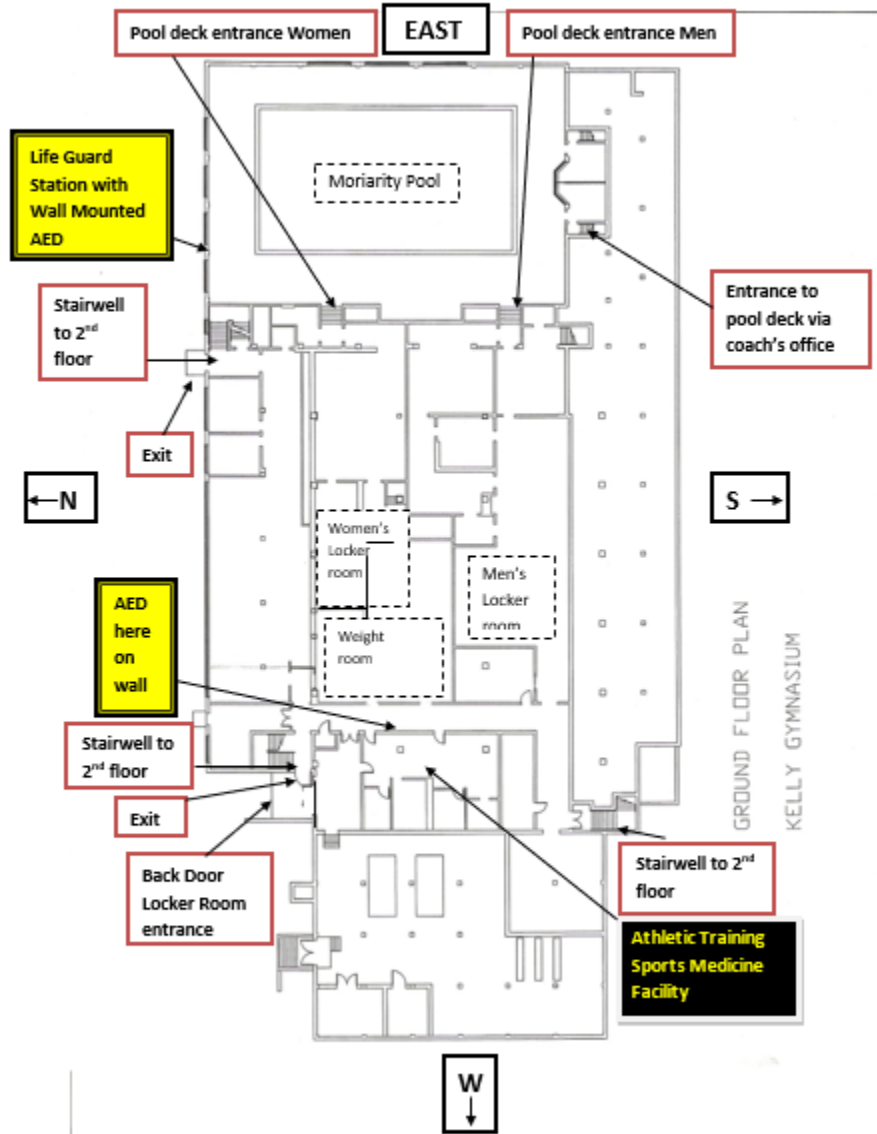
# Appendix C:

## Adrian Tinsley Upper Level – Track



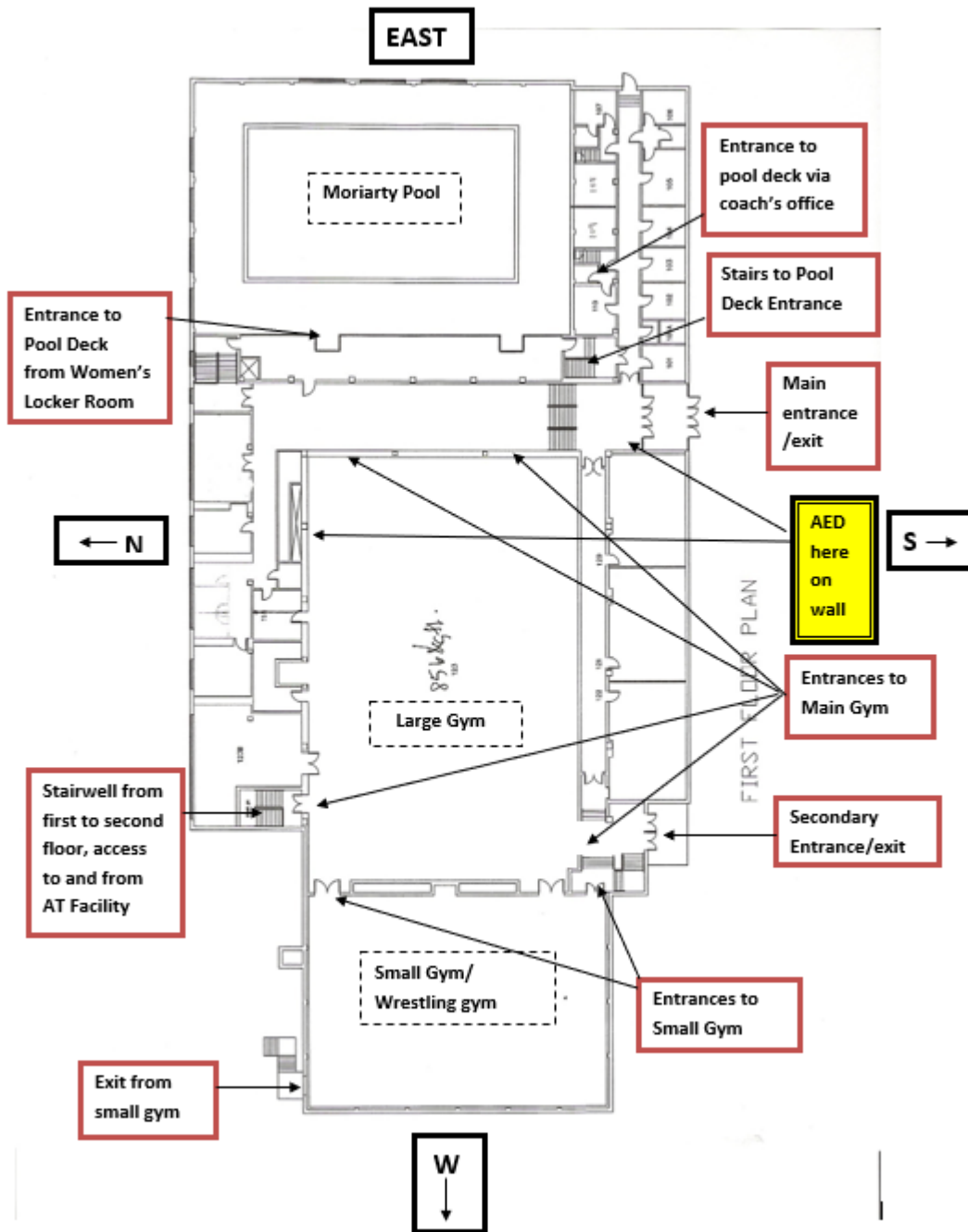
# Appendix D:

## Kelly Gymnasium Ground Floor and Moriarty Pool



# Appendix E:

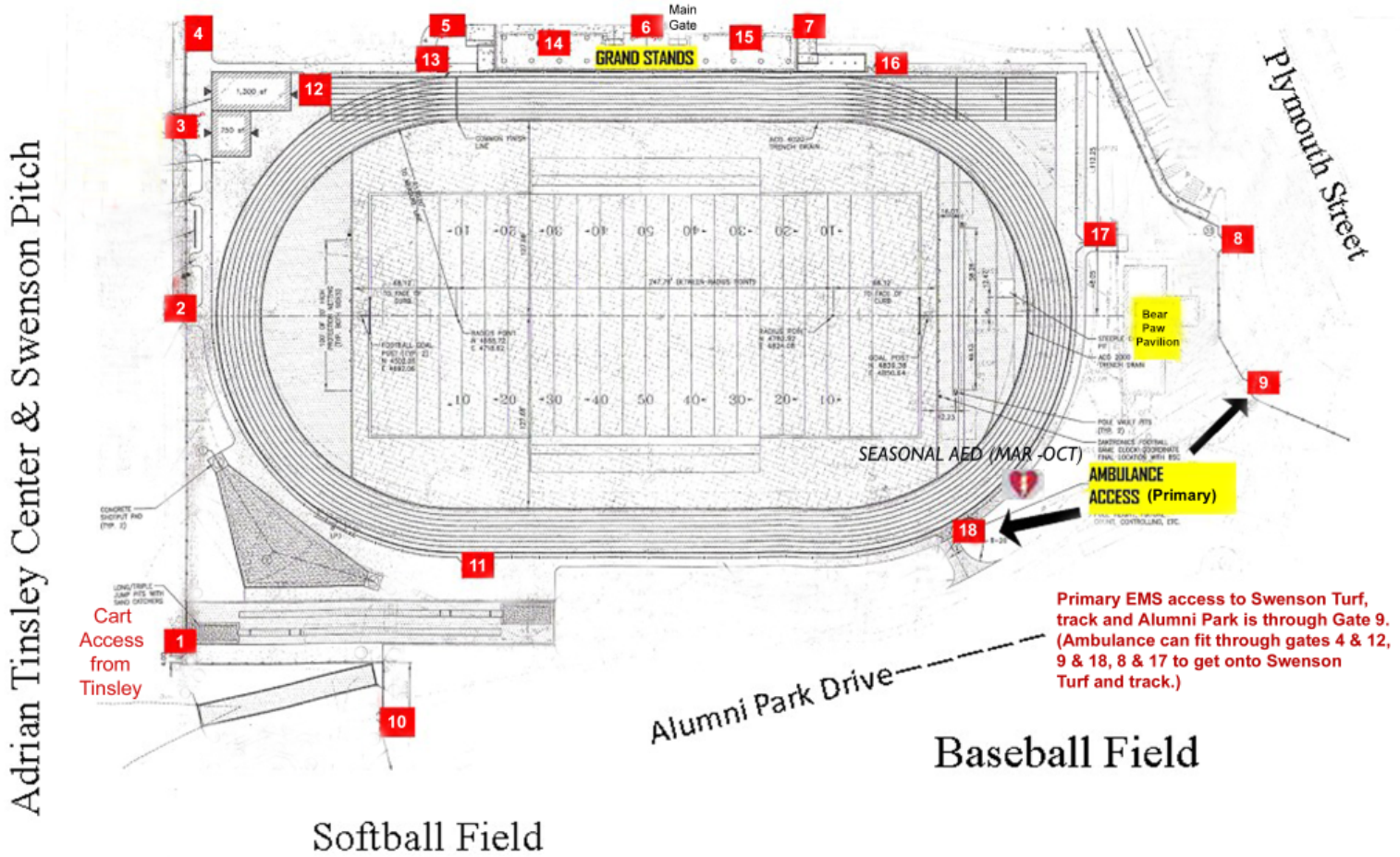
## Kelly Gymnasium Upper Level Large and Small Gyms



# Appendix F:

## Swenson Athletic Complex

Tinsley Drive



Adrian Tinsley Center & Swenson Pitch

Cart Access from Tinsley

Softball Field

Alumni Park Drive

Baseball Field

Primary EMS access to Swenson Turf, track and Alumni Park is through Gate 9. (Ambulance can fit through gates 4 & 12, 9 & 18, 8 & 17 to get onto Swenson Turf and track.)



## References

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